



**No mask.
No hose.
Just sleep.™**

What is the Inspire® implant?

For patients who struggle with CPAP, Inspire is a long-term low-maintenance solution to treat obstructive sleep apnea (OSA) that doesn't require a mask or hose.

How Inspire works

Inspire is an alternative to CPAP that works inside your body while you sleep. When you're ready for bed, simply click the remote to turn Inspire on. While you sleep, Inspire opens your airway, allowing you to breathe regularly and sleep peacefully.

Qualification

You may qualify for Inspire if:

- ✓ You are age 18 or older
- ✓ You have been diagnosed with obstructive sleep apnea
- ✓ You are unable to use CPAP

*To be eligible for insurance coverage, you must be diagnosed with obstructive sleep apnea and meet the criteria regarding your BMI, and how they may vary by insurance plan.

Real patient

Inspire is proven to improve your sleep apnea and sleep apnea events.

91%

92%



Moving forward with Inspire

Initial appointment: What to expect

An Inspire trained doctor will determine if Inspire is the right fit for you. They will look at your sleep study and, if needed, assist in getting an updated study. For insurance purposes, most sleep studies need to have been performed in the last two years.

At your initial appointment, you can expect to talk to your doctor about your experience with sleep apnea and CPAP. You can also ask any questions you may have.

Airway exam

If your doctor determines you're a good candidate for Inspire, you will schedule an airway exam. In this approximate 20-minute routine exam, the doctor will look inside your airway with a small camera to ensure Inspire is the right treatment for you.

Same-day procedure

Inspire is placed under a procedure that takes medication and resur-

Turning on Inspire

About a month after r
This is where you will
to use it. As you step
follow-up appointment
you. After using Inspi
office to fine-tune Ins

Get the sleep



Is Inspire covered by insurance?

If you have medical coverage, you will likely have coverage for Inspire. The Inspire implant is widely covered by a majority of traditional, Medicare and Veterans Affairs (VA) insurance plans if you meet coverage policy criteria.

Is Inspire covered by Medicare and VA?

Most major insurance providers, including Medicare, have positive coverage policies for Inspire and allow for prior authorization. Currently, Inspire also is available at select VA and military hospitals across the U.S. Talk to your doctor to learn more.

Is Inspire DOT approved?

Like CPAP, an Inspire doctor can print out a usage record of Inspire to show the medical examiner that you are using your prescribed sleep apnea treatment. By providing compliance, there should be no issues renewing your commercial driver's license.

What does the stimulation feel like?

The stimulation is very gentle and

How long does the battery last?

The battery in Inspire is designed to last for approximately 11 years. Once it is running low, it is replaced with an outpatient procedure.

How long is the recovery time after the procedure?

Like any outpatient procedure recovery, time will vary. Most patients return home the same day and take over-the-counter pain medication if needed. You may return to regular, non-strenuous activities within a few days or as directed by your doctor. Most patients have a full recovery within a couple of weeks.

How often should my doctor check the Inspire Implant?

Once you and your doctor determine the best settings for you, your doctor will check the status of your device once or twice a year.

Am I still a candidate for Inspire if I have a pacemaker or other implanted devices?

If you have another implanted device,

Will Inspire limit my activities?

Inspire should not limit activities once you are implanted. You should ask your Inspire doctor about any strenuous activities that entail an extensive range of motion in your arms.

What types of medical imaging are compatible with Inspire?

Inspire patients can undergo medical imaging across the body. Full-body MRIs are the latest version of Inspire (Model 3028). Depend on the type of MRI scan, imaging and specific MRI protocols followed. Please talk to your doctor if you have additional questions.

Goodnight.

Inspire is not for everyone. It is a surgically implanted system that is intended to treat obstructive sleep apnea in patients who are not effectively treated by, or able to tolerate CPAP. Talk to your doctor about risks, benefits and expectations associated with Inspire. Risks associated with the surgical implant procedure may include infection and temporary tongue weakness. In rare cases tongue paresis and atrophy may occur. Some patients may require post implant adjustments to the system's settings in order to improve effectiveness and ease any initial discomfort they may experience. Important safety information and product manuals can be found at inspiresleep.com/safety-information/ or call 1-844-OSA-HELP.

Inspire, the cloud design and No Mask. No Hose. Just Sleep. are trademarks or registered trademarks of Inspire Medical Systems, Inc. © 2023 Inspire Medical Systems, Inc. All rights reserved.
800-891-001, Rev A.